



# WONCA SOUTH ASIA REGION FAMILY MEDICINE CONFERENCE 2025

April 4 -6 2025 | Sheraton Grand, Brigade Gateway, Bengaluru

ROOTED IN TRADITION, GROWING WITH INNOVATION: FAMILY MEDICINE FOR SOUTH ASIAN WELL-BEING



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## WONCASAR 2025 Pre-conference 4<sup>th</sup> April 2025

Time	Hall B	Hall C	Hall E	Hall F	Hall H
8:00 am	<b>REGISTRATION</b>				
9: 00 am to 1:00 pm	Revolutionizing Primary Care with AI: Enhancing Research and Clinical Decision-Making <b>Dr. Kamlesh Bhargava, Dr. Swathi Padankatti, Dr. Pramendra Prasad Gupta, Dr. Prajna Paramita Giri, Dr. Vandana Boobna, Dr. Roshni Jhan Ganguly, Dr. Srividhya Raghavendra</b>	Combating day care emergencies & urgencies in OPD practice- <b>Workshop by WONCA SIG on Emergency</b> <b>Dr. Nisanth Menon N, Dr. Rajesh Gowda, Dr Shruthi Deshpande Dr. Sree Sahithya, Dr. Manasa Sheshadri, Dr. Nithya Mohanan</b>	YDM meeting <b>Dr. Gunjhan Jha and team</b>	Master 5 skills for safer use of computers and smartphones: hands on training <b>Workshop by WONCA SIG on Occupational Health-</b> <b>Dr. Kishore Madhwani TEDx speaker and team</b>	Global Rural Health Summit- <b>WORS</b> <b>Dr. Pratyush Kumar and team</b>
1: 00 pm	<b>LUNCH</b>				
2:00 pm to 5:00pm	Aging Gracefully: Practical Skills for Comprehensive Geriatric Care- <b>Workshop by WONCA SIG on Ageing and Health- Dr. Roshni Jhan Ganguly, Dr Dimity Pond, Dr. Leon Giffen, Dr. Ramya G</b>	Workshop by WONCA SIG on Emergency continues	Workshop on Epilepsy in primary care- <b>Dr. Mamta Bhushan Singh</b>	Workshop on Child development- <b>Dr. Gowri C, Ms.Apoorva Deshpande, Ms. H.N. Anagha, Ms. Kausthuba A, Dr. Sushma Gopalan</b>	Global Rural Health Summit continues

## WONCASAR 2025 - 5<sup>th</sup> April 2025 - Conference Day 1

Time	Hall A (Ball room)	Hall B (Jupiter)	Hall C (Neptune)	Hall H (Ceres)
8 am	<b>REGISTRATION</b>			
9 am	Global Learning, Local Nurturing: Transforming Patient Care through International Family Medicine Education <b>Dr. Rebekah Zechariah, Dr. Frederick Kellerman</b>	Integrating Telemedicine with Brick and Mortar Clinics <b>Dr. Sunita Maheshwari</b>	Nutrition in Clinical Practice <b>Dr Shalini P</b>	Workshop Ethics in General Practice : Navigating Complex decisions <b>Dr Gowri Kulkarni, Dr Anand Philip, Dr Archana Prabhakar, Dr Preeti Goyal</b>
9: 20 am	Gut Microbiota in Health and Disease <b>Prof. Dr. S. Arulhraj</b>	Efficacy of a multi-modal Remote Patient Monitoring Device In Ambulatory, Pre And Post - Hospitalization Settings - <b>A Panel Discussion</b> <b>Dr. Sowmya B.Ramesh, Dr.Gaurav Prasad, Ms.Kanika Gulati</b>	Navigating HIV and Its Comorbidities: Strategies for Better Health Outcomes <b>Dr. Ramya S.</b>	
9: 40 am	Physician, Heal Yourself. Applying Principles Of Lifestyle Medicine To Physician Well-Being <b>Dr. Sunil Abraham</b>		Optimizing Antibiotic Stewardship in Outpatient Settings: The Role of Primary Care Physicians <b>Dr. Srividhya Raghavendran</b>	
10 am	Panel discussion- Upholding the Core Values of Family Medicine in a Changing Healthcare Landscape <b>Dr. Pramendra Prasad Gupta, Dr. Anna Stavdal, Dr. Raman Kumar, Dr. Sankha Randenikumara</b>			
10: 40 am	<b>Keynote Address</b> : Digital Health and Transformation of Care Delivery <b>Prof. Rajendra Pratap Gupta</b>			
11: 00 am	<b>Keynote Address:</b> Integration of Palliative Care into Family Medicine <b>Dr. M.R. Rajagopal</b>			
11: 40am	<b>INAUGURAL CEREMONY</b>			
1: 00 pm	<b>LUNCH</b>			
2: 00 pm	Evolution of General Practice in Nepal- <b>Dr. Kabita Batajoo</b>	Shingles Prevention Time Is Now! <b>Panel Discussion</b> <b>Dr. Swati Rajagopal, Dr. Madhumitha R., Dr. Dominic Benjamin</b>	Indian Family Medicine Guidelines for Headache, Dizziness and Dyspepsia <b>Workshop</b> <b>Dr. Venkatesan S, Dr. Bino Rajamani, Dr. Falah P.M, Dr. Don Thomas</b>	Consultation Skills in Family Practice: Beyond the Conversation <b>Dr. Kiranmai Lingutla, Dr. Roshni Jhan Ganguly, Dr. Srividhya Raghavendran, Dr. N. Girija</b>
2: 20pm	Principles in Family Practice and Implementing in Practice <b>Dr. Adrija Rahman Mukherjee</b>			
2: 40 pm	Innovations, Patient Selection and the Future of Minimally Invasive Surgery- The Role of Robotic Surgery <b>Panel Discussion- Manipal Hospitals</b>	Early diagnosis of cancer- An enigma <b>Dr. C.N. Patil, Aster Hospitals</b>		

3: 00pm	<b>Panelists: Dr. Vidyadhara, Dr.Sunil Gurpur Kini, Dr. Hemant Kumar, Dr. Pratima Raj.</b> <b>Chairs: Dr. Vishwanath S., Dr. Rajeev Lochan</b>	Recent advances in oncology <b>Prof. Dr. Somashekhar S.P. Aster Hospitals</b>	Killing, Violence, Harassment of Healthcare Workers in South Asia Region: The Growing Problem At Our Workplaces <b>Workshop-</b> <b>Dr. Elizabeth Reji, Dr. Hina Jawaid, Dr. Srividhya Raghavendran, Dr. Gunjan Jha, Dr. Gowri Kulkarni</b>	Mindful Medicine: Enhancing Physician Well-being <b>Workshop- Dr. Jyotika Gupta, Dr. Gowri C., Dr. Harshapriya J., Dr. Supritha K.M., Dr. Krithika Ganesh, Dr. Shalini Chandan</b>
3: 20pm	Training models of Family Medicine in SAR <b>Panel Discussion - Prof. Shyamalee Samaranyaka, Prof. Marie Andrades, Dr. Resmi S. Kaimal, Prof. Kay Mohanna</b>	Drug resistant Bugs All Around? What can we do? <b>Panel Discussion - Dr. Sowmya B. Ramesh, Dr. Madhumitha, Dr. Lakshmikantha M</b>		
4: 00 pm	Family Doctors Role in Climate-driven Health Challenges in South Asia- Panel Discussion <b>Dr. Jyotika Gupta, Prof. Karen Flegg, Dr. Sankha Randenikumara, Ms. Saneeka Vaidya</b>	TBA	Tailoring Your Prescriptions <b>Workshop - Dr. Anoop K.J., Dr. Indhu Rajeev, Dr. Kailas P.</b>	Wellbeing At The Tip Of Your Fingers? Guiding Adolescents Through The Social Media World <b>Workshop- Dr. Beatrice Khater</b>
4: 40 pm	A Decade of Experience in Academic Training of Medical Students, Residents and Trainers in Family Medicine from Vellore, India- <b>Dr. Venkatesan S.</b>	TBA		

Hall D	Hall E (Mars)	Hall F (Pluto)	Hall G
<b>Meetings</b> 4:00 pm – 5:00 pm <b>WONCA Working Party for Women and Family Medicine Council Meeting</b>	<b>Oral Presentations</b> 9.00 a.m.- 10.00 a.m. & 2.00 p.m.- 5.00 p.m.	<b>Oral Presentations</b> 9.00 a.m.- 10.00 a.m. & 2.00 p.m.- 5.00 p.m.	<b>Poster Presentations</b> 2.00 p.m.- 5.00 p.m.

## WONCASAR 2025 6<sup>th</sup> April 2025 - Conference Day 2

Time	Hall A	Hall B	Hall C	Hall H
9:00 am	Co-locating the GP and other Health Providers under the Same Roof: Does this Improve Patient Care? - A Literature Review <b>Dr. Dimity Pond</b>	One Airway, One Disease-Management :Role of Antihistamines in Allergic Rhinitis <b>Dr. Ashish Rao</b>	Implementation Research in Family Medicine <b>Dr. Partha Halder</b>	MRCGP [INT] South Asia Orientation Workshop <b>Dr. Srividhya Raghavendran, Dr. Roshni Jhan Ganguly, Prof Shyamalee Samaranayaka, Dr. Adrija Rahman Mukherjee</b>
9:20 am	Emerging Models of Family Practice in South Asia Region – A Panel Discussion <b>Moderator- Col. Dr. Mohan Kubendra Panelists- Dr. Pramendra Prasad Gupta, Dr. Gobith Ratnasingam, Dr. Vandana Boobna, Dr. Jyotika Gupta Dr. Hina Jawaid</b>	Why Continuing Medical Education is Non-negotiable for Modern Physicians <b>Dr. K.M. Prasanna Kumar</b>	Impact of Environmental Toxicants on health and role of Family Physicians <b>Dr. Srinivasa Jayachandra</b>	
9: 40 am		Recent Guidelines of ADLM Guidance Document on the Measurement and Reporting of Lipids and Lipoproteins <b>Dr. Vynetta. D</b>	Primary Care Physician in Comprehensive Cancer Care: Adopt an innovative model for Breast Cancer <b>Dr. Gayatri Gogoi</b>	
10 :00 am	Primary Care and Family Health as Human Rights: Challenges and the Way Forward <b>Panel Discussion</b> Moderator- <b>Dr. V. Sreenivas</b> Panelists- <b>Sri. Madabhushi Madan Gopal IAS, Sri. Harsh Gupta IAS, Dr. Triveni, Dr. Vandana Boobna, Dr. Sowmya B. Ramesh</b>	Limitless India Presents: Innovative Family Practice Model with AI Driven Health Care Devices Revolutionising Health Care Services Globally <b>Dr. Kishore Madhwani, Dr. Raman Kumar</b>	Prescribing Movement: The Role of Family Physicians in Promoting Physical Activity for Better Health Outcomes <b>Dr. Nrutya Subramanyam</b>	Home Care-Based Management and Comprehensive Elderly Assessment <b>Workshop – Dr. Mathews Marian Mathew, Dr. Anuna Vinod, Dr. Serin Kuriakose, Dr. Aiswarya V. Namboodiri</b>
10: 20am		Innovative Approaches to Preventive Healthcare: Leveraging Multi-modal Screening with AI and Data Analytics for Early Intervention in Lifestyle Diseases andCancers <b>Dr. Bilal Thangal</b>	Bridging Primary and specialist Care: The Crucial role of Family Physicians in Thyrotoxicosis management- <b>Dr. Hemavathi D.</b>	
10: 40 am	Universal health Coverage- Role of Family Medicine and Primary Care	Staying Ahead of Cancer with Genomics	A Well-Baby Visit To FM Clinic: What Can We Do?	

	<b>Dr. Raman Kumar</b>	<b>Dr. Ramesh Hariharan</b>	<b>Dr. Sanjiv Lewin</b>	
11: 00 am	The Foundation Of Family Medicine- A Global Common Denominator? <b>Dr. Anna Stavdal</b>	The Screening to Diagnosis Odyssey – <b>Panel Discussion Moderated by Dr Ramesh Hariharan</b>	Preconception care: For Optimal pregnancy outcomes <b>Dr. Indhu Rajeev</b>	Primary Palliative Care Research: Evidence- based palliative care <b>Workshop- Dr.Shrikant Atreya, Dr.Scott Murray</b>
11: 20 am	Community Health Clinics in Bangladesh: A Model for Developing Countries <b>Prof. Kanu Bala</b>	Advancing Excellence- the Role of New Generation Insulins in Diabetes Therapy <b>Dr. Manjunath P.R.</b>	MAFLD- Role of Primary Care Physician in Recognition and Early Intervention <b>Dr. Vandana Boobna</b>	
11: 40 am	Values Based Practice <b>Prof. Kay Mohanna</b>	Cardio-Kidney Metabolic Syndrome: Oral Semaglutide’s Role in Shaping New Diabetes Frontiers <b>Dr. Abhijit Bhograj</b>	Approach to Nutritional Anaemias in South Asia <b>Dr. P.K. Sasidharan</b>	
12 :00pm	<b>Keynote address-</b> Primary Care Tradition, Sustainable Health Innovation For UHC <b>Dr. Karen Flegg</b>			
12: 20pm	<b>Keynote Address -</b> Primary Care: The Cornerstone of Effective Healthcare <b>Dr. K. Sri Ranjan</b>			
12: 40pm	<b>Keynote address -</b> Advancing Health for All through Equity, Excellence and Innovation in Family Medicine <b>Dr. Viviana Martinez-Bianchi</b>			
1: 00 pm	<b>LUNCH</b>			
2: 00 pm	The future of Family Medicine in developing countries <b>Dr. Omneya El Sherif</b>	A decade Long Journey: From 5 to 500- The Growth of Family Medicine in Kerala <b>Panel Discussion- Moderator- Dr. Jyotika Gupta Panelists- Dr. Bijayraj R, Dr. Resmi S. Kaimal, Dr. Serin Kuriakose, Dr. Nadeem Abootty, Dr. Mansoor P.M.</b>	Primary Care Psychiatry Program: Course design, curriculum, and its implementation <b>Dr. N. Manjunatha</b>	Inclusivity in General Practice <b>Workshop</b> <b>Dr. Anand Philip, Dr. Archana Prabhakar, Dr. Gowri Kulkarni</b>
2: 20 pm	The Primary Care Health System in Australia: A Model for Comprehensive and Accessible Healthcare <b>Dr. Kiran Puttappa</b>		Role of Family Practitioners in ending AIDS by 2030 <b>Dr.G.D.Ravindran</b>	
2: 40 pm	How can I as a Family Physician be a Health Advocate? <b>Panel discussion - Dr. Isac David Rajamani, Dr. Vijila Isac, Dr. Rebekah Zechariah, Dr. Fredrick Kellerman,</b>	Building Bridges: International Collaboration in Family Medicine for Enhanced Primary Care <b>Panel Discussion - Dr. Kamlesh Bhargava, Dr. Fiona Bolden, Dr. Kay Mohanna UK, Dr. Roshni Jhan Ganguly, Dr.</b>	Health and wellbeing of travellers, a shared journey <b>Dr. Swayam Pragyan Parida</b>	
3: 00 pm			Longevity Based Primary Care- Thinking for The Future, Today <b>Dr. Jisha V.</b>	Haematology Workshop- Difficult IV access and Bone Marrow Aspiration Made Easy

	<b>Dr. Rajat Dasgupta</b>	<b>Bikash Gauchen, Dr. Saby Karupiah, Dr. Pushpa</b>		<b>Dr. Sachin Jadhav, Ms. Kavyashree S.R., Ms. Ashwathy Asokan A.N.</b>
3: 20 pm	Navigating Indian Family Medicine: Unveiling Training Structures, Student Confidence, and Perceptions <b>Panel Discussion</b> <b>Moderator- Dr. Hemavathi D. Panelists- Dr. Mohan Kubendra, Dr. Raman Kumar, Dr. Vishnu B.S., Dr. Resmi S. Kaimal</b>	Strengthening Commitment To Tobacco Control Through Participation Of Medical Institutions To Counter Tobacco Industry Interference <b>Dr. Bijit Biswas, Prof. Dr. Saurabh Varshney</b>	Workplace Holistic Health and Wellness Programme <b>Dr. Santosh Kumar</b>	
3: 40 pm		Travel Fellowship in Primary Health Care: An Uncollege Approach in Medical Education – Transformative and Holistic Learning Experience for Young Doctors in India <b>Dr. Pravin Singarayar, Dr. Pavitra Mohan, Dr. Nithin P.I., Dr. Avani Unni</b>	Uncommon Presentations of Tuberculosis: A Guide for Family Physicians <b>Dr. Mahalakshmi V.</b>	
4 : 00 pm	<b>VALEDICTORY</b>			

Hall D	Hall E (Mars)	Hall F (Pluto)	Hall G
10:00 am to 12:00 noon <b>WONCASAR Council Meeting</b>	<b>Oral Presentations</b> 9.00 a.m.- 12:00 noon. & 2.00 p.m.- 3.00 p.m.	<b>Oral Presentations</b> 9.00 a.m.- 12 :00 noon & 2.00 p.m.- 3.00 p.m.	<b>Oral Presentations</b> 9 am to 12 noon & 2.00 p.m.- 3.00 p.m.